

Suit of Cups

Cards in the suit of Cups represent matters to do with the heart, emotions, feelings and memories.

They can also indicate new ideas and projects. These will usually be at the creative thought level. They represent deep hopes and wishes – your real “heart’s desires.”

They can also highlight your deepest fears, which are often emotionally based.

Cup cards can indicate how someone is really feeling about something or someone and also the feelings they are showing the world.

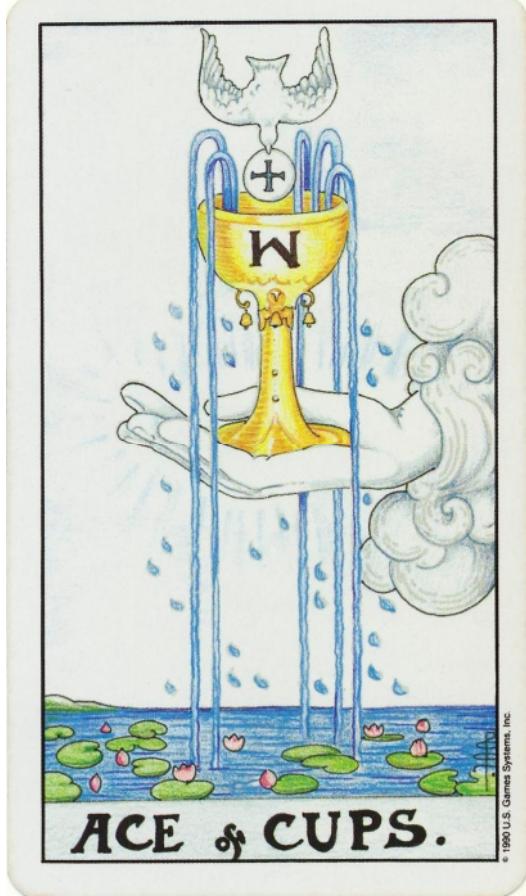
From the Cup cards you can see the whole range of human emotions.

The court or people cards can indicate people with certain character traits. They can also indicate emotions that people experience.

The suit of Cups represents the element of Water. Astrologically water is associated with the signs of Pisces, Cancer and Scorpio. We all have a mixture of the elements in us and different traits are more prominent in some people than others.

On the positive side, the traits commonly associated with the element of water are:- loving, caring, giving, compassionate, healing, psychic, intuitive, dreams, nurturing, empathy, profound, artistic, deep feelings, imagination, creativity, gentle and peaceful

On the negative side, some of the traits can be:- moody, inconsistent, daydreaming with no action, crabby and nit-picky, struggle to express emotions, self-destruction, insecure, unfocused, self- critical, uncommunicative, deceitful, over-sentimental, living in the past and living in victim mode.



Ace of Cups Quick Keywords

Creative beginnings, offer of love or friendship, new ideas, creativity

Symbols

There is a hand coming out of the cloud offering a cup that is overflowing with water. Water represents emotional matters.

There is also the dove of peace hovering above. It is a card of emotional and spiritual fulfilment. It is being offered to you and it is your choice whether you take it or not

Meaning

This is a beautiful card. It brings peace, hope, calm, joy and fresh, new emotions, new love and new support. It can be a new love or friendship being offered to someone.

This may be a new love in their life, such as a new relationship. It can also be new love and positive emotions coming into an existing relationship.

It may also be that you are relating to people in a better way and the challenges of the past are moving away.

It is also new ideas, projects, creativity, maybe some wonderful day dreaming before starting a new and exciting project.

For someone who is very work and action focused, this can also be about getting in touch with your feelings, exploring your emotional side, maybe opening yourself to others at an emotional level and trusting your intuition and feelings. Trust your deep knowing.

As love is the essence of this card, it can also be important for you to look for love in all areas of your life and to love yourself more. This might involve compassion or forgiveness for yourself or others.



Two of Cups **Quick Keywords**

Together, co-operation, partnership, soul-mate.

Symbols

This is a card of union, of two people coming together in love, friendship, partnership or union of some description. There is often a deep spiritual or almost soul mate connection with this card. There is a feeling of mutual respect and harmony.

Meaning

This card will often indicate falling in love and feelings of real connection with another person. There is a real energetic connection and this can also be an attraction, both emotionally and physically.

If this in a business context, it may be friends going into business with each other or a new partnership where there is a lot of accord and understanding.

There is a huge amount of energy and power when two people come together in co-operation.

This card is about connections and bonding with other people in all different circumstances. It can also be the merging of talents.

The warning with this card can be to make sure that there is not so much synergy between two people that others get excluded- particularly in situations with friends or in business arrangements.

There is nothing hidden here and the people concerned want to be with each other for who they are. This can also be about resolving difficulties and coming to a mutually satisfactory agreement.



Three of Cups **Quick Keywords**

Celebration, team, female friends, success.

Symbols

There are three young women holding cups high in the air to celebrate something. The card is light and bright with plenty of white for spiritual purity, yellow for energy and orange and red for action Colours.

This is a card of abundance and plenty. It could be harvest time. It could also be as traditional dance, such as would be done around a may-pole in the summertime.

Meaning

This is a card of celebration, of merriment, of fun, of successful conclusions to projects. It can be celebrating any special event, where people come together and forget their differences

It is also a card of teamwork, where people are successfully working together. It is card of community and being with other people.

It also points to the value of female friends and the connection with them, particularly for women. This can also be a card of going out and socialising.



Four of Cups 170B Quick Keywords

Reflection, absorption, apathy, stuck, anti-social.

Symbols

A figure sits under a tree looking bored, unhappy and dissatisfied. There is a cup of love, friendship, support and positive emotional things being offered to him.

There are upright cups in front of him, which could contain positive emotional experiences and he either does not see any of them or is choosing to ignore them.

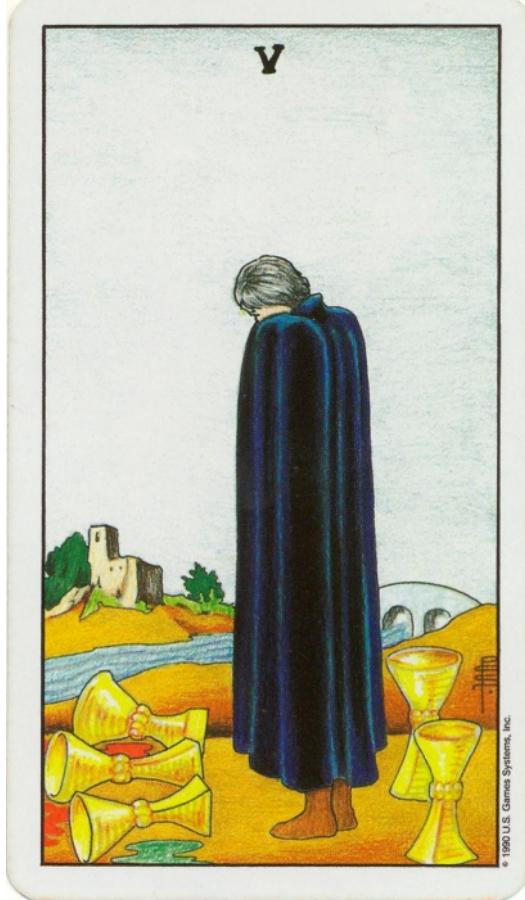
Meaning

This is a card of reflection or meditation and also of shutting out the rest of the world. This can be both a good thing and a bad thing, depending on the circumstances.

It can be a positive period of self reflection and concentrating on your own feelings. It can also indicate negative self absorption, apathy and despondency.

This is a time for re-evaluation and maybe a need to seek a more stimulating lifestyle. This card can also show up when someone is stuck with something from the past and is unable to open up to new ideas, people and opportunities.

It maybe that someone could do with getting out more and they are turning down invitations that are being offered. They may be turning away help or support that is also being offered to them.



Five of Cups 173B Quick Keywords

Loss, regret, living in past, let down, sadness, grief.

Colours and Symbols

There is a figure in a dark cloak looking at the 3 cups on the floor in front of him and the contents that have spilled out of them. There are 2 upright cups behind him that he does not even see.

Meaning

This card is about looking back at things that have happened with regret and with the feeling of "If only I had done... or not done... or I wish I had done... or not done". It is focusing on what has gone or has been lost and not able to see the good that may have come from the situation.

It is a card of loss, disappointment, sadness, suffering and possibly depression. There can be a feeling of being emotionally let down by someone.

This is a card of great loss, trauma, distress and possibly grief. It can indicate grief through bereavement or raw feelings and emotions when someone is going through a relationship break-up.

It can also be that someone is acknowledging mistakes of the past, although they may not yet be quite ready to turn around and look at the present or look forward to the future.

The loss and regret can be in many forms and the surrounding cards will indicate the area of life it relates to. Loss can be very difficult to cope with because of our emotional resistance to change.

The cards behind indicate that all is not lost completely and that something may be salvaged from the situation. There is some good, although it may take time and more healing to see it clearly.



Six of Cups **176B Quick Keywords**

Happy memories, people from past, childlike, children, inner child.

Symbols

There are children in a garden, with their cups filled with flowers. There is happiness, enjoyment, friendship, a sense of wonder, simplicity and almost childlike innocence. It is a card of simple goodness that encourages you to be gentle, kind, generous, compassionate and forgiving.

Meaning

This card can be talking about children in your life, as well as happy memories from childhood. It can also be someone coming back into your life from the past.

On its own, the card is likely to represent someone where you have happy memories, although that depends on the cards around it.

In a romantic sense, it can be an old flame reappearing in your life or an ongoing relationship that has strong roots in the past.

It can indicate a need to return to a more simplistic life or it can indicate that we are perhaps being a little naïve in our approach.

You may also need to look back at your childhood or inside to your "Inner Child" to find things that give you pleasure and make you happy. Perhaps you need to play more.

It can also point to things coming back into your life from the past. This can be anything that was unresolved in some way in the past.

The cards around will indicate whether this is a positive and wonderful situation or whether it is more challenging for you.



Seven of Cups Quick Keywords

Choices, decisions, focus, confusion, unknown.

Colours and Symbols

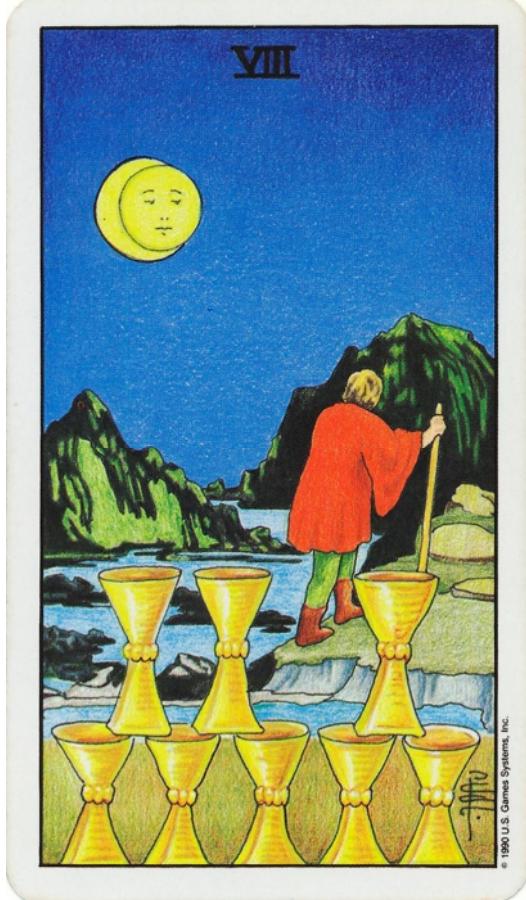
There is a lot of blue in the card, which usually symbolises logic and communication. The cups are all offering a lot of different choices, which need to be viewed with both emotion and logic.

Meaning

There is a lot of confusion and lack of focus with this card. There are a lot of choices, each of which could bring satisfaction in their own way. There is the dragon for wisdom, the snake for

sexuality, the house for the home and also for fairy-tale-castle-in-the-air-ideas, jewels for wealth, the wreath for success, the mask for identity and the shrouded cloth for something completely unknown. It is important to be clear on what you really want and what you want to feel and experience. It is also vital that you explore your motives for taking certain actions. Some of your choices may appear easier than others. Beware of false promises from others and maybe not being entirely honest with yourself over your motivations. If there are too many choices, there is a risk of errors of judgment. Give careful consideration to all options and certainly sleep on big decisions before rushing in.

This can be a time of a bit of an identity crisis, a loss of confidence, perhaps feeling undermined and inadequate. This can be as a result of a rigid structure falling apart and now there are so many more opportunities that you do not know which way to turn. It may also be that you are indulging in wishful thinking and daydreaming and lacking focus and action towards your dreams and goals. There is often a decision and a commitment that does need to be made. You can get as much information as possible, however you may still end up making that decision with an unknown quantity in place. Sometimes it is not possible to know everything in advance especially if you are stepping into unknown territory.



Eight of Cups 182BQuick Keywords

Walking away, new direction, no turning back, burning bridges.

Symbols and Colours

This is a dark card showing a figure walking away from the stack of cups. There is no looking back. There is both the sun and moon together, which is almost an eclipse.

Meaning

This can be someone walking away from a person or a situation or feeling like they want to do that. The person may not be fully acknowledging their own feelings and emotions. The person has clearly turned away from a certain path and is going in a different direction.

This does not look as if it is an easy choice and the person seems to realise that there may be difficulties on their path ahead. The person does not seem to want to take anything from their past with them, although there may be something that might help them.

This can also be a deep dissatisfaction with a life that has been built on superficial values and a desire to set off in search of something better or more Meaningful.

As the cups are all upright, this can also indicate that the person has attracted their heart's desire and then realised it was not what they wanted.

This card can be emotional turning point, which is going to lead to new actions. It is a time to move on to new things. This might be a physical change such as moving house, changing a job or leaving a relationship. It might also be an emotional change such as letting go of old beliefs and values.

Once this course of action has been started, there is really no turning back.



Nine of Cups **185B**Quick Keywords

Happiness, contentment, smugness, satisfaction.

Colours and Symbols

This card has a balance of Colours in it and shows a gentlemen, who look well fed, contented and prosperous.

The cups are all upright and in balance behind him. It is a card of plenty and having your wishes come true. It also indicates pleasure when you get what you want.

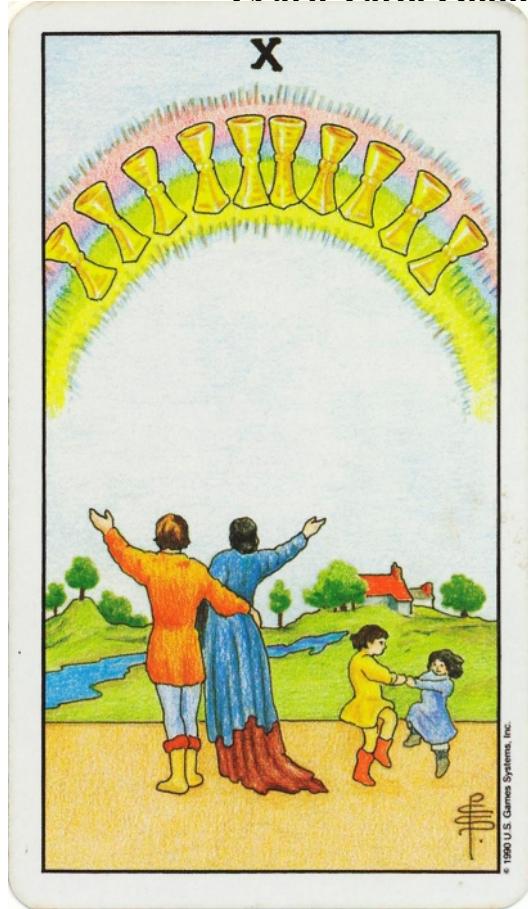
Meaning

There is contentment, physical well being, material success and looking forward to the future. This card is also about victory, success and satisfaction.

It is a card of pure indulgence. Enjoy it now. You have earned it. You have every right to savour every wonderful feeling that comes with it.

However don't allow yourself to get too complacent.

You can celebrate your success and you can also celebrate life itself. This can be success in any area.



Ten of Cups 188BQuick Keywords

Family happiness, blessings, love, contentment, children.

Colours and Symbols

This is a beautiful card of contentment, happy families, happiness in relationships and with life.

The cups are all in the rainbow and there is a feeling of the magic and happiness of dreams being here on earth. The couple have outstretched arms as if they are giving thanks for all their blessings.

Meaning

For any goal it is success, achievement and celebration. With the 10 of cups, it is the best it can be at this time.

It can also be a short break or a family holiday where there is a real sense of togetherness and belonging.

There is joy, love, abundance and contentment. This is a peaceful scene and can indicate inner or outer peace. It may be an end to conflict.



Page of Cups **Quick Keywords**

Birth, pregnancy, new project, labour of love, creativity, ideas.

Person

The page can represent a child and it can also indicate a person who is younger in age or more immature than the person you are reading for.

As a person the page is a sensitive, creative child (or person who has child like creativity and imagination). The child may be a bit of a daydreamer, as well as quiet, gentle, reflective and kind.

Beware of over-sensitivity.

It can also indicate a child born under one of the Water signs of Pisces (symbolised by the fish), Cancer or Scorpio.

The person will often be an emotional person, maybe a poet or artist or musician.

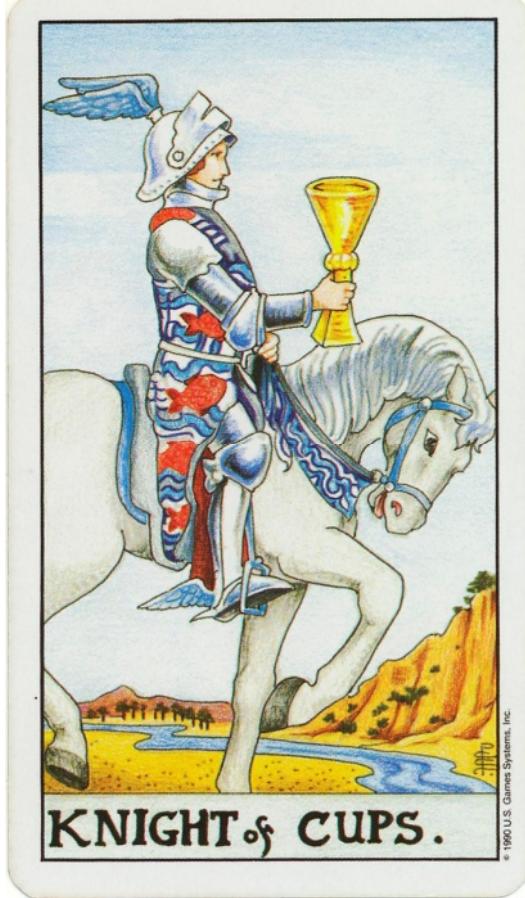
Situation

The Page of cups often indicates news of a birth or a pregnancy.

This can also be the creative birth of new ideas and projects. Let the ideas flow in an uninhibited and creative manner. Ideas will often be coming straight from the heart. It is important not to judge them.

The page can also be bringing opportunities for love.

It can also be good for exploring psychic, intuitive and spiritual matters, with an open mind and sense of curiosity and wonder.



Knight of Cups ***Quick Keywords***

Sensitive, romantic, emotional, loving, caring, sensitive.

Person

The Knight can represent a young adult or a person who is immature for their age. He/she is a dreamy, imaginative, sensitive, emotional, probably quite romantic person.

He/she is loving, caring, generous and will help anyone, often to their own detriment.

On the negative side, they can be overly emotional and hypersensitive, as well as suffering from apathy.

As they have deep emotions and feelings themselves, they will often be very sensitive to the feelings of others and not want to hurt their feelings. This can lead to them being unable to say No, when people ask for help.

It can represent a male or a female, although the figure in the card looks more male than female.

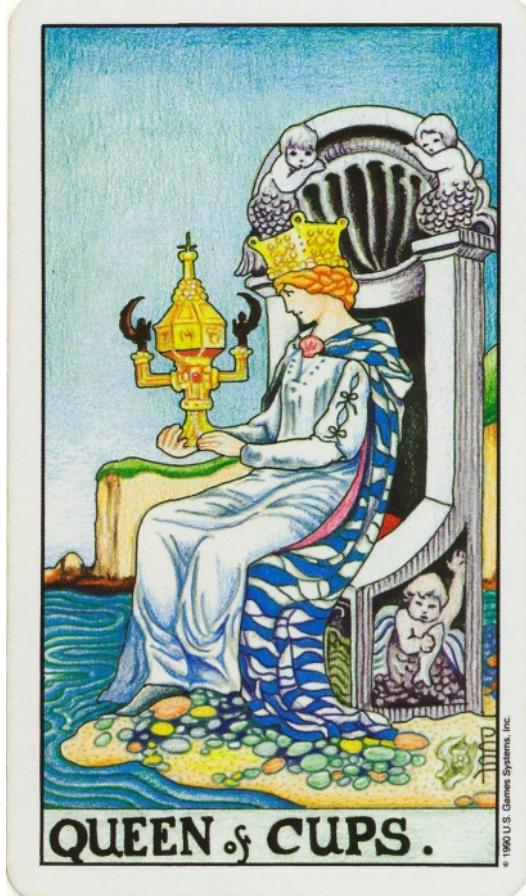
The Knight of Cups is great for wonderful feelings and dreams, however they may struggle motivating themselves or being able to put their plans into action.

Situation

The wings are the symbol of Mercury, the Winged Messenger, so this card can be bringing a message.

It can be a person offering love, friendship or support,

Sometimes the Knight of Cups may come up in reading, when there has previously been a King or Queen of Cups and that may be telling you that the cards are still talking about that previous person.



to ourself and our feelings.

She has a creative, artistic side to her, which may or may not be expressed. She can be very romantic and sometimes have her head in the clouds.

The Queen of Cups is often considered to represent a person born under a water sign, which is Cancer, Pisces or Scorpio. Or she is likely to have a lot of those traits in her character.

Situation

Look at the situation with gentle, loving eyes of compassion and forgiveness. Look for the highest good in the situation and the magnificence in the people involved.

Queen of Cups Quick Keywords

Sensitive, intuitive, caring, gentle, artistic, compassion, emotions.

Person

This card represents mostly a female, of any age. On the positive side she is a loving, caring, giving, nurturing, intuitive, sensitive, compassionate person who is guided by her feelings and her heart.

She is often the person people turn to with their problems, which can also be a challenge as she can take on people's problems and worry for them.

The Queen of Cups is also about our emotional fulfilment and our connection



King of Cups **Quick Keywords**

Loving, deep feelings, dreamer, gentle, creative.

Person

This is a man who is likely to be 40s+ in age or older than the querant.

Like the other cup cards, he can be kind, loving, giving, gentle, sensitive, quite romantic and emotional.

He likes peace and harmony around him. Through not wanting to upset people that can lead to him not being truthful with himself or others around him

He can be a bit of dreamer and may not be the most motivated person to take action on his dreams. He is very creative although can be a real perfectionist.

On the negative side he can suppress his feelings and be uncommunicative, critical, nit-picky at other people, have unrealistic expectations and/or bury his head in the sand when there is a problem.

Situation

The situation will probably need you to take account of other people's feelings and approach the matter in as humane way as possible.

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Spread - Past, Present, Future

7 card, 3 row Spread using 21 cards

This spread is traditionally called the Romany Spread

This is a very simple spread to get an idea of what has happened in the past, which is having an effect on the Querant's (person asking the question or person you are reading for) life now and the general way things are progressing- if no changes are made.

It consists of 3 rows of 7 cards, laid from right to left and starting at the bottom of the table (i.e. closest to you, the reader)

Lay out 7 cards- this is the past

Lay out another row of 7 cards- this is the present

Lay out another row of 7 cards- this is the future outcome.

You can also lay further rows out after this, if you want to get more information going on the developments of the situation.

It is very good for a general overview and will often bring up things that may need to be explored in more depth with other readings.

21	20	19	18	17	16	15
			Future			
14	13	12	11	10	9	8
			Present			
7	6	5	4	3	2	1

Past

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